

## Relationships, Health and Sex Education Curriculum Overview

	Reception NOT KAPOW	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Family and relationships</b>	Introduction to RHSE	Introduction to RHSE	Introduction to RHSE	Introduction to RHSE	Introduction to RHSE	Introduction to RHSE	Introduction to RHSE
	My family/home	What is family?	Families offer stability and love	Healthy families	Respect & manners	Build a friend	Respect
	Making friends.	What are friendships?	Families are all different	Friendships - conflict	Healthy friendships	Resolving conflict	Developing respectful relationships
	Taking turns/sharing ideas	Family and friends help and support each other.	Managing friendships	Effective communication	My behaviour	Respecting myself	Stereotypes
	Caring	Making friends.	Unhappy friendships	Learning who to trust	Bullying	Family life	Bullying
	Respect	Friendship problems.	Valuing me	Respecting differences	Stereotypes	Bullying	Bullying
	Healthy Friendships	Manners & courtesy	Stereotyping	Families in the wider world			Being me
		Loss and change		Loss and change			Loss and change



<b>Economic wellbeing</b>		Money Career and aspirations	Money Career and aspirations	Money Career and aspirations	Money Career and aspirations	Money Career and aspirations	Money Career and aspirations
<b>Transition/ Moving On</b>	<b>To Year 1</b>	<b>To Year 2</b>	<b>To Year 3</b>	<b>To Year 4</b>	<b>To Year 5</b>	<b>To Year 6</b>	<b>To secondary schools</b>
<b>Identity</b>							What contributes to identity Gender identity